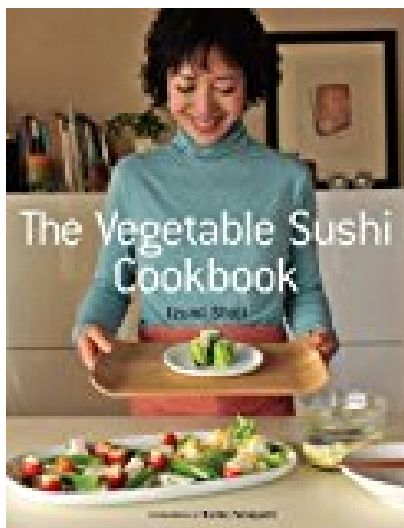


# The Vegetable Sushi Cookbook

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## BOOK DETAILS

- Author : Izumi Shoji
- Pages : 112 Pages
- Publisher : Kodansha USA
- Language : English
- ISBN : 1568365705

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## BOOK SYNOPSIS

The Vegetable Sushi Cookbook is the brainchild of Izumi Shoji, a hugely popular blogger and widely published home cook in Japan, who shares her expertise in taking a wide variety of vegetables and turning them into delicious and healthy sushi meals. Each recipe has been chosen for its healthy ingredients and delightful taste, and is easy to make with basic cooking skills and no special tools. (Alternatives are included for any ingredients that might be difficult to find in some areas.) Vegetable Sushi is a unique and flavourful way to enjoy a healthy lifestyle.

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