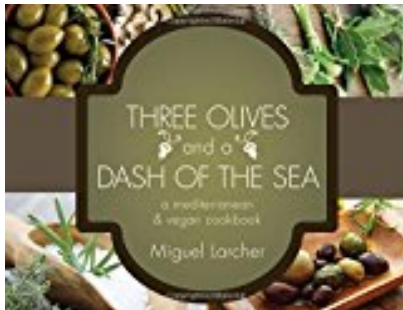


# Three Olives and a Dash of the Sea

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## BOOK DETAILS

- Author : Miguel Larcher
- Pages : 168 Pages
- Publisher : Tate Publishing
- Language : English
- ISBN : 1620240874

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## BOOK SYNOPSIS

Follow Chef Larcher as he brings you on an amazing journey in to the world of authentic vegetarian and vegan cuisine. Your taste buds will never be the same again! Chef Miguel Larcher has spent years studying the art of vegetarian and vegan cuisine and is ready to share his incredible recipes with you! From the shores of the French Riviera to the fields of lavender, Larchers recipes are original, innovative, fresh, healthy, and truly a taste of the Mediterranean! Savor the simple life as your travel across the world to experience a palate known only to French. Charm your senses as you appreciate natures natural flavors. Inside you will find recipes for appetizers, entrees, side dishes, and desserts-"all using vegan ingredients. Chef Larcher uses natural ingredients that are good for your body and good for our world. Add Three Olives and a Dash of the Sea to your collection of recipes today!

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